Dog Lessons for People

When loved ones come home, always run to greet them.

Never pass up the opportunity to go for a joyride.

Allow the experience of fresh air and the wind in your face to be pure ecstasy.

Take naps.

Stretch before rising.

Run, romp, and play daily.

Avoid biting when a simple growl will do.

On warm days, stop to lie on your back on the grass.

On hot days, drink lots of water and lie under a shady tree.

When you’re happy, dance around and wag your entire body.

Delight in the simple joy of a long walk.

Never pretend to be something you’re not.

If what you want lies buried, dig until you find it.

When someone is having a bad day, be silent, sit close by, and nuzzle them gently.

Follow your instincts.

Never underestimate the value of a belly rub.

Be loyal and faithful.

Be quick to forgive.

Accept all of life’s treats with gratitude.

Love unconditionally.